

# A's 2011 Santa Barbara Junior Lifeguards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>June 20</b> Introductions Safe Entries Swimming Evaluation	<b>June 21</b>	<b>June 22</b> Uniforms Distributed Running Beach Tour Tower Operations	<b>June 23</b> Training Day 10'6" Paddleboards	<b>June 24</b> Picture Day Picture Orders Due
<b>June 27</b> Time Trials	<b>June 28</b> Basic First Aid 8-10 am (optional) Mock Rescues	<b>June 29</b> Long Run and Short Swim  Boat Trip # 1	<b>June 30</b> Super Workout	<b>July 1</b>
<b>July 4</b>  NO JUNIOR GUARDS HOLIDAY	<b>July 5</b> Training for Competitions Evaluation # 1 Move Night # 1 @ Bathhouse (upstairs)	<b>July 6</b>  Paddle Day Taffy's Pizza Fundraiser (flyer will come home)	<b>July 7</b> Relay Day	<b>July 8</b>
<b>July 11</b> Evaluation # 1 Training for Competitions	<b>July 12</b> A & C Bonding Day	<b>July 13</b> Time Trials  Boat Trip # 2	<b>July 14</b> Relay Day	<b>July 15</b>  Carpinteria Competition 9:00am – 2:00pm
<b>July 18</b> A's Jalama Surf Day (Flyer will come home) 8:00 depart East Beach 6:30 arrive back	<b>July 19</b> Code X Circuit Training Movie Night # 2 @ Bathhouse (upstairs)	<b>July 20</b> Relays and Mock Rescues	<b>July 21</b> Fun Training Day	<b>July 22</b> Regionals (San Diego)
<b>July 25</b> Training Day Evaluation #2	<b>July 26</b> Stud Ironman Followed by Kick Back Day	<b>July 27</b> Game Day	<b>July 28</b>	<b>July 29</b> Fiesta Competition At East Beach 9:00am – 2:00pm
<b>August 1</b> Rincon Surf Day	<b>August 2</b> Pier Run Challenge	<b>August 3</b> Thank You Day	<b>August 4</b> Pier Swim Challenge	<b>August 5</b> Last Day of J.G.'s Banquet at Chase Palm Park 5 - 7 pm